Sprewell Bluff Park

UPSON COUNTY

Hiking Trails

Longleaf Pine Loop	1.5 mile	yellow	loop
Natural Dam Loop	1.0 mile	blue	loop
Widowmaker Trail	5.5 mile	purple	out-n-back
Whiskey Still	1.0 mile	pink	one-way
Pinewoods Ridge	3.0 mile	orange	out-n-back
Volunteer Trail	0.5 miles	red	one-way

700 Sprewell Bluff Road • Thomaston, Georgia 30286
Upson County • 706.601.6711
sprewellbluffpark.com

Legend

- Point of Interest
- City
- Archery Hunting
- Boat Launch
- Camping
- Canoeing
- Dog Walking
- Dump Station
- Fishing
- Kayaking
- Overlook
- Picnic Shelter
- Picnic Table
- Playground
- Restrooms
- Shotgun
- Trading Post
- Hiking
- Shoals
- Rapid
- Mile Marker
- Fish Weir
- Entry/Exit Point
- WMA Area
- Stream
- Flint River
- Road

0 1/4 1/2 mile

FLINT RIVER WATERSHED

FLINT RIVER BASIN

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Sprewell Bluff Park– It's In Our Nature

Sprewell Bluff Park is one of Georgia's best kept secrets and is known by locals as the hidden gem. The park is a camper's escape, a fisherman's paradise, a paddler's grand adventure, and a hiker's dream. Visitors may escape the mundane and experience nature in comfort at the River Ridge Campground in one of the cabins or RV sites provided. This 1,372-acre park is best known for its breathtaking views, diverse ecology, and recreational amenities. Visitors may cool off in the gently flowing Flint River, skip rocks across the water, and have a picnic along the river's edge or by the playground.

There is also a boat ramp in the day use area, making it a breeze for paddlers to access the river. With 12+ miles of trails winding throughout the park, visitors may take a long or short hike, run, or stroll along the riverbank or up the rocky bluffs. Bird watching enthusiasts may spot tanagers, warblers, osprey, woodpeckers, and bald eagles along the river or nesting in the cliffs and forest edge.

The Flint River is one of only 40 rivers in the U.S. to go undammed for more than 200 miles, keeping the water fresh and the fish plentiful.

The State's official riverine sport fish, the shoal bass, calls this area of the river and its rocky shoals home. These shoals allow fishermen to wade the river with ease, making this area of the Flint excellent for fly fishing. Be sure to stop by the Trading Post for souvenirs, supplies, and additional information on the park or upcoming events held throughout the year. Come find out why we say it's in our nature!